

A hugely popular healthy restaurant chain is coming to the center of the universe, IE Uptown Dallas: **Flower Child**, the happy-healthy restaurant concept from Arizona-based Fox Restaurant Group, will unfurl its latest location in Uptown at Rosewood Court, at 2101 Cedar Springs Rd.

The restaurant is slated to open in late 2019.

Bill Flaherty, CEO of Rosewood Property Company, says in a statement that Flower Child is the "perfect restaurant for our Rosewood Court tenants and Uptown neighbors."

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The restaurant will occupy a 4,800-square-foot space facing Cedar Springs Road. To give the restaurant its due, the office building will expand a 1,500-square-foot patio in front of the restaurant for outdoor seating. So walkable.

Flower Child made its DFW debut in [spring 2017](#) with its inaugural location at Dallas' Inwood Village, where it has been enthusiastically embraced by the Park Cities/Preston Hollow lunch and yoga crowd.

In early December, they opened their [second location](#) on Belt Line Road in Addison. The chain has a canny sense of neighborhood, and Uptown represents a savvy addition.

The chain has emerged as a near cult-phenomenon, met with long lines wherever it opens.

It has food that's viewed as healthy and good, but there's also something engaging about its free-spirited vibe, with bright colors and a cheerful atmosphere.

The menu features bowls, wraps, grains, and greens, with options for paleo, vegan, vegetarian, and gluten-free.

There are traditional, entree-type dishes such as grass-fed steak; salads such as kale with pink grapefruit, apple, black currant, smoked almond, white cheddar, and apple cider vinaigrette; and bowls like the popular Mother Earth, with ancient grains, sweet potato, portobello mushroom, avocado, cucumber, broccoli pesto, leafy greens, red pepper miso vinaigrette, and hemp seed.

Hummus, served with warmed pita triangles, comes in two versions: a simple one with peppadew, olive, lemon, and oregano; or one with avocado, corn, clementine orange, and pumpkin seed.

An extensive beverage program includes organic wine, local beer, kombucha, cold brew coffee, and juices. The lemonades are a trademark: made with fresh ingredients and available in a variety of regular and seasonal flavors.